

Company Registered number
06595341
Charity Registered Number
1133510

Karis Neighbour Scheme
Report and Financial Statements
For the year ended
31 December 2023

KARIS NEIGHBOUR SCHEME

Financial Report year ended 31 December 2023

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KARIS NEIGHBOUR SCHEME

Trustees' report (including Directors' Report)

The Trustees present their directors' report and accounts for the 12 month period ended 31st December 2023.

Reference and Administrative Information

Charity Name	Karis Neighbour Scheme
Charity Registration Number	1133510
Company Registration Number	06595341
Date of Incorporation	16 th May 2008
Registered Office and Operational Address	c/o Church of the Redeemer Monument Road Birmingham B16 8UU

Officers

Dr Gillian Harley-Mason	Chair of Trustees
Mrs Rebecca Cuthbert	Vice-Chair of Trustees
Dr P H Ross Bryson	
Mr Steve Watts	
Mrs Kathryn Miles	
Rev Henry Aggrey	
Sir Alexander Elphinston	

Independent Examiner

Gary Peter Brookes
FCA FCIE BSc
130 Wombourne Park
Wolverhampton
South Staffs
WV5 0LY

KARIS NEIGHBOUR SCHEME

Trustees' report (including Directors' Report)

Structure, Governance and Management

Governing Document

The organisation is a charitable company limited by guarantee, incorporated on 16th May 2008 and registered as a charity on 12th January 2010. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

The company took over the running of a previous charitable trust, registered no. 1077200, which had been in operation since 16th April 1999.

Recruitment and Appointment of Trustees

The directors of the company are also charity trustees for the purposes of charity law and under the company's Articles are known as members of the Board. Under the requirements of the Memorandum and Articles of Association the members of the Board are elected to serve for a period of three years after which they must be re-elected at the next Annual General Meeting.

All members of the Board give their time voluntarily and received no benefits from the charity. These appointments were made in line with Charity Commission guidelines and the rules governing the Charity in our constitution. If any expenses have been paid to Trustees, these are outlined in Note 6 of the

Arrangements for setting the pay and remuneration of the charity's management personnel are based on Third Sector Benchmarking criteria. Staff employed in our Listening and Guidance NHS Service have also been benchmarked against the same criteria.

Our Aims and objectives

Purposes and Aims

Our charity's purpose as set out in the objects contained in the company's memorandum of association

To assist people who are in need of practical or emotional well being by reason of their youth, age, infirmity or disablement, poverty or social or economic circumstances

The aims of our charity are to provide support to people in our community who are in need, to bring people in our community together, enabling people in our community to be good neighbours and ensure no one is neglected or forgotten about. Our aims fully reflect the purpose that the charity was set up to

Ensuring our work delivers our aims

The trustees regularly review the work of the charity, by comparing our progress to the annual plan and receiving half yearly reports on the projects, which include the impact and benefits of the work undertaken for the people we are seeking to help. These reviews provide opportunity for trustees to ensure that the focus of our work is consistent with the stated purposes of the charity, and with regard to the Charity Commission's general guidance on public benefit. The reviews also allow us to ensure we are providing benefit to the communities we seek to help.

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Trustees' report (including Directors' Report)

The focus of our work

Our main objectives for the year were to:

Provide support to people in our community who are in need by offering a broad range of help including practical support, advocacy and befriending

Bring people in our community together by reaching out, offering friendship, and providing opportunity to spend time getting to know each other

Enabling people in our community to be good neighbours by providing opportunities to volunteer and give their time, skills and resources to help meet the needs of others

Ensure no one is neglected or forgotten about by standing with people, helping them find the support they need and responding where needs are going unmet

How our activities deliver public benefit

Our main activities and who we try to help are described below. Our charitable activities focus on the reduction of social isolation, relief of poverty in meeting basic needs and support to help overcome hardship and are all undertaken to further our charitable purposes for general public benefit in our local area.

Achievements and Performance this year

We have had another year of increased demand for our services in the community which reflects the challenges being faced by those most vulnerable in the locality. Our year on year contacts have increased to 9,184 (2022: 7,915) showing a 16% increase in support provided through our volunteers and staff team.

Who used and benefitted from our services?

Our objects limit the services we provide to Birmingham and the surrounding areas, current funding means our activities are focused on the Ladywood, Edgbaston and Harborne wards of Birmingham and some parts of Smethwick. The Listening and Guidance Service, part funded by Birmingham and Solihull Mental Health NHS Foundation Trust (formerly Birmingham and Solihull Central Clinical Commissioning Group), is commissioned to serve the patients from the Edgbaston & Harborne Networks of 7 Primary Care practices.

In the past year 1,632 individuals and families have directly benefited from our work, which has increased by over a quarter from the prior year and is now at the highest level we have ever served. Because a lot of our work involves on-going befriending, we have had regular contact with a proportion of these beneficiaries, on average each beneficiary being seen between five to six times a year.

Nearly all our activities are provided free of charge, with two exceptions. The first being some trips during school holidays where we ask for a small subsidy to encourage people to secure their places. Secondly, a new Baby Bank Club which started in early 2023. Membership is offered to existing clients to encourage them to become more independent and less reliant on the services of Baby Banks. The Baby Bank Club offers discounted nappies, baby wipes and formula to members at a significantly reduced price compared to the cost in retail shops.

KARIS NEIGHBOUR SCHEME

Trustees' report (including Directors' Report)

Those we support represent a broad cross-section of the community, and reflect the diverse neighbourhoods we are working in. Only two-fifths of our contacts are with people who identify as White British (40%), the other prominent ethnic groups we work with include African – Black or Black British (17% of contacts), Caribbean – Black or Black British (10% of contacts), with many other ethnic groups being represented in the remaining third of our contacts.

As one of our projects focuses on befriending older adults, where the needs around social isolation are particularly acute, over 65s are one of the biggest age groups we work with, representing 40% of our contacts, With a relatively even spread between the remaining age groups, demonstrating that we are succeeding in reaching all parts of the community.

A proportion of our referrals come from GPs and other health professionals, who are well placed to reach those who are socially isolated and refer on to our scheme for social needs they have identified that are impacting on someone's wellbeing.

Much of our support benefits the wider families and households of those we are supporting, whether this is because of an increase in household income, an improved home environment or improvements in relationships due to decreased stress or improved mood.

The main areas of charitable activity are a befriending and advocacy scheme for over 50s, with the advocacy extending to those suffering mental health difficulties towards the end of the year, advocacy & advice through our Ladywood Community Advice service, neighbourly practical help, support for families who are new to the area – particularly those from refugee and asylum seeker communities - and a GP surgery based chaplaincy service, our Listening and Guidance Service. These activities and the achievements that flow from our work are described below.

Our 'Karis BeFriends' project, enabling isolated older people to build connections in later life and continue to flourish, has directly supported 164 people this year, an increase of 10% compared to 2022 (2022: 149). Alongside this befriending support, our 'Karis BeFriends Advice' work has continued to strengthen with 256 older beneficiaries receiving advocacy and advice support (2022: 176). This support was provided through a mix of home visits and telephone support, helping to reach those who struggle to come to us. From October, the focus of 'Karis BeFriends Advice' has extended to include those suffering poor mental health in line with funding requirements.

We have further extended our work with isolated older people through the launch of 'Men's Space' in October 2023. This project is being run as a pilot with the aim of encouraging connection for isolated men in the Edgbaston area, initially through both meeting with individuals and developing group activities such as a board game café at St Germain's Church.

Our work with children & families, largely focusing on asylum seekers and refugees, has continued to grow, supporting 499 families this year (2022: 480 families). The number of adults attending our English for Speakers of Other Language classes have continued to grow year on year, due largely to funding from Faith Action for a well-received course which taught basic English for accessing Healthcare in the first quarter of the year. We had 89 adults (2022: 72 adults) attended the 'Welcome' group, offering an opportunity for social interaction with other young families in similar circumstances. Our Children & Families Worker, Family Outreach Worker and volunteers carried out 78 visits at home to offer further befriending, practical help and advocacy and 108 families received further befriending including taking people out to help them find places in their local area or introduce them to others, accompanying them when they have appointments providing neighbourly help or advice.

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Trustees' report (including Directors' Report)

We planned three 'big' day trips and several local free trips during the school holidays, allowing 59 families who would not have gone away during the holidays to have an enjoyable break. The Baby Bank has supported 370 families (2022: 321 families) with practical items, such as cots, buggies and baby clothes. This enables families, many of whom are living on the poverty line, to access essential equipment they need to properly care for their babies and to free up their limited resources for their other day to day needs. We also obtained funding from the Morrisons Foundation to launch a Baby Bank Club in the later part of the year offering essential items – nappies, wipes, formula – to parents at a reduced cost compared to the shops, around 50% of the price. There are 12 members of the Club.

Our advocacy and advice project, Ladywood Community Advice, saw 528 adults (2022: 455 adults) throughout the course of the year and dealt with over a thousand distinct issues ranging from benefits advice and debt matters to repairs and school applications. We currently employ two Welfare Rights Advisors to support the advocacy & advice work alongside a small team of volunteers. This has allowed more in-depth advice work and scheduled appointments throughout the week to deal with more complex cases. In the current year we have helped those eligible to claim £988k (2022: £873k) of financial help to aid their situation.

The Listening & Guidance service, a part NHS funded project has provided chaplaincy to GP surgeries for 326 patients (2022: 367 patients), supporting people to express issues such as stress, bereavement, depression and dealing with loss. Our Chaplains for Wellbeing provide a safe space for patients to be listened to in a constructive way. Patients report outcomes that focus on giving them hope for the future and increased emotional resilience and understanding. Wellbeing measures, using the Warwick and Edinburgh Mental Wellbeing Scale (WEMWBS), show that, for those patients engaging with the service for a series of sessions allowing at least 2 measures to be taken, Listening and Guidance has increased patient's wellbeing by an average of 9.23 points. In the year, one of our Chaplains for Wellbeing, Elizabeth Baker, retired. We thank her for her faithful service over the years she has been with us. We obtained additional funding through Karis Medical Centre to extend our Listening and Guidance service from October 2023 and so Elizabeth's role has been replaced by Jane Grimshaw and Anthea Wright who extend the reach of the team going into the next year.

We continue to provide practical help – in addition to the considerable reach of our Baby Bank - as and when it is needed, ranging from small household tasks such as DIY or moving furniture to distributions of emergency food parcels or referrals to the local Birmingham Central Foodbank. In 2023 this has remained largely similar with 86 people supported in this way.

Volunteers

Karis Neighbour Scheme relies heavily on its volunteers in order to achieve these impacts and public benefits. This last year has seen 68 volunteers involved with delivering our projects, providing 1,806 volunteer hours (2022: 1,349 hrs). Many of our volunteers have worked with Karis Neighbour Scheme for more than 5 years, citing the sense of personal satisfaction and sense of doing something worthwhile as reasons for volunteering. The impact and benefits gained from volunteering are a further public benefit. Our volunteering opportunities are open to all and attract a mixed age range, in the most part from the local area but also from other areas across Birmingham. We are very thankful for the support we receive from our volunteers.

Environmental Context

We have seen an increase in demand for our services which reflects the impact of the Cost of Living crisis on the communities where we work, this is particularly notable in some of our practical responses to people and families in crisis – such as our Baby Bank provision and the extension to the Baby Bank Club.

KARIS NEIGHBOUR SCHEME

Trustees' report (including Directors' Report)

Financial review

2023 has seen a small deficit of £1,000. There has been an increase in restricted funds of £18,000 and a decrease in unrestricted funds of £19,000. Of this decrease, £15,000 was allocated from designated funds towards setting up and running the Men's Space pilot project. Total funds by the end of the year amounting to just over £217,500.

Reserves Policy

The Board have examined the charity's requirements for reserves in light of the main risks to the organisation. Having reviewed the difficult economic environment for obtaining funding, the Board have agreed a reserves policy whereby the cash backed unrestricted funds should be four and a half months of core expenditure. This is an increase of one and a half months of core expenditure from the previous annual review.

Based on latest board agreed budget projections for the incoming year, reserves have increased from £74,000 to £123,000. Karis Neighbour Scheme has unrestricted funds of £123,349 which are in accordance with the updated policy.

Details of any funds materially in deficit

In 2023 there have been no funds materially in deficit.

Birmingham City Council was one of the largest funders in the past year, with funding received via the Body, Mind & Spirit Partnership – relating to our work with older people - directly via the Prevention & Communities grants scheme.

Birmingham and Solihull CCG (changing during the year to Birmingham and Solihull ICB) continued to be a major funder this past year through their commissioning of the Listening & Guidance service, alongside funding from Living Well UK who enabled the extension of the work of the L&G chaplains since 2021. Karis Medical Centre have further extended this work in 2023 from October onwards through additional funding for an additional Chaplain.

For the majority of projects, we still primarily rely on grants and donations from grant making trusts and individuals. Our largest grant funder this year has been Henry Smith Trust with their ongoing support for Ladywood Community Advice.

How expenditure has supported the key objectives of the charity

The largest area of expenditure continues to be the salaries of staff who manage, support and deliver projects aligned to the key objectives of the charity. The other major area of expenditure is around resources and activities, which are integral to the delivery of the charity's projects. Salaries, Pension contributions and Social Security costs amounted to £251,719 in 2023 (2022: £234,489).

Investment Policy

Aside from retaining a required amount of reserves each year, most of the charity's funds are to be spent in the short term so there are limited amounts available for investment. A proportion of reserve funds are kept in ethical and accessible savings accounts, which have a small return in terms of interest. It is not seen as sensible to tie up funds in investments which may yield higher returns but would be inaccessible for project needs. This will be reviewed if we are able to significantly increase the level of reserves held.

KARIS NEIGHBOUR SCHEME

Trustees' report (including Directors' Report)

Plans for Future Periods

The charity plans to continue the activities outlined above in the forthcoming years subject to satisfactory funding arrangements.

We hope to spend 2024 establishing our extended work as 2023 has been a year of significant demand and growth with the launch of the Baby Bank Club within the Children's and Family Work, the extension of the Listening and Guidance Wellbeing Chaplains and the launch of the 'Men's Space' pilot project.

We hope to establish the Baby Bank Club, supporting current Club members for up to two years and extending this support to new members if we can secure suitable, reliable funding. In addition to this extension, we have also increased our Listening and Guidance offering which we hope to see the benefit of with a full year of four Wellbeing Chaplains starting in 2024.

We launched our 'Men's Space' pilot project towards the end of 2023 which provides Befriending for men aged 50+ who are isolated or whose social networks are limited. We are already seeing the benefit of this project and hope to extend it beyond the 12 month pilot if appropriate funding is identified. We were grateful to Edgbaston Neighbourhood Network Scheme for helping fund our pilot work and going forward hope to seek funding to cover our activities in Ladywood as well.

We continue to hold the Foundation Level Improving Quality (IQ) Quality Mark, which is focused on small not-for-profit organisations, enabling us to evidence our quality and credibility as an organisation within the Charity Sector, this is next due for review at the end of 2024.

Risk Management

The Board maintain a range of policies to ensure internal risks are well managed. This includes financial controls and authorisations, robust safeguarding policies and incident reporting which is reviewed at the regular meetings of the Board. Procedures are also in place to ensure compliance with health and safety of staff, volunteers, clients and any other visitors to the scheme. Policies are reviewed at regular intervals and agreed by the Board to ensure they still comply with best practice.

A full risk register is reviewed at each Board meeting. Meetings are currently held every quarter. The risk register includes governance risks, external risks, financial risks, regulatory and compliance risks and operational risks. This ensures that steps can be taken to mitigate against these risks in a timely manner, including making any necessary operational changes.

Organisational Structure

Karis Neighbour Scheme has a Board of between 5 and 15 members who meet at least quarterly and are responsible for the strategic direction and policy of the charity. At present the Board has seven members from a variety of backgrounds relevant to the work of the charity.

Day to day responsibility for the provision of the services rest with the Chief Executive (CEO) along with the individual project leads. The Chief Executive is responsible for ensuring that the charity delivers the services specified and that the Annual Plan is delivered. The CEO currently line manages the various project leads who have responsibility for the day-to-day operational management of their respective projects.

KARIS NEIGHBOUR SCHEME

Trustees' report (including Directors' Report)

Trustee's responsibilities statement – charitable company

The trustees (who are also directors of Karis Neighbour Scheme for the purposes of company law) are responsible for preparing the Trustee's Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the Charities SORP 2015 (FRS 102);
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the board of trustees on 24/04/2024 and signed on its behalf by:



Director and Trustee

LILLIAN HARRY-MASON

Name

KARIS NEIGHBOUR SCHEME

Independent Examiner's Report to the Trustees of Karis Neighbour Scheme

I report to the charity trustees on my examination of the accounts of the company for the year ended 31 December 2023 which are set out on the following pages

Responsibilities and basis of report

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

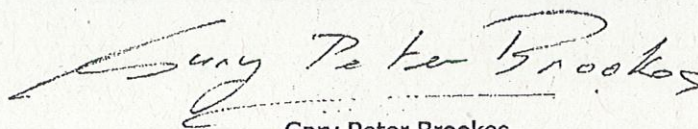
Independent Examiner's Statement

The Company's gross income exceeded £250,000 which meant that the examiner must be a member of a body listed in section 145 of the 2011 Act. I can confirm that I am qualified to undertake the examination because I am a member of The Institute Of Chartered Accountants for England and Wales.

I have completed my examination . I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect :

- (1) accounting records were not kept in respect of the company as required by section 386 of the 2006 Act or
- (2) the accounts do not accord with those records
- (3) the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view ' which is not a matter considered as part of an independent examination ;or
- (4) the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Name	Gary Peter Brookes
Relevant Professional Qualifications	FCA FCIE BSc
Address	130 Wombourne Park Wolverhampton South Staffs WV5 0LY

Date : 30 April 2024

KARIS NEIGHBOUR SCHEME

Statement of Financial Activities (to include Summary Income and Expenditure Account) year ended 31 December 2023

	<u>Notes</u>	Unrestricted funds	Restricted funds 2023	Total Funds	Total Funds 2022
		£	£	£	£
Income					
Voluntary Income	2(a)	44,807	199,222	244,029	211,708
Charitable Activities	2(b)	825	56,861	57,686	90,459
Fundraising		1,824	3,299	5,123	1,501
Total Income		47,456	259,382	306,838	303,668
Expenditure on					
Charitable activities	3	46,435	261,367	307,802	283,624
Total Expenditure		46,435	261,367	307,802	283,624
Net Income / (Expenditure)		1,021	(1,985)	(964)	20,044
Transfers between funds	10	(20,030)	20,030	-	-
Net movement in funds		(19,009)	18,045	(964)	20,044
Reconciliation of funds					
Total funds brought forward		161,711	56,815	218,526	198,482
Total funds carried forward		142,702	74,860	217,562	218,526

**

There were no recognised gains or losses for 2023 or 2022 other than those included in the Statement of Financial Activities

** See note 14 for full comparatives for 2022

KARIS NEIGHBOUR SCHEME
Balance Sheet
As at 31 December 2023

	Notes	2023		2022	
		£	£	£	£
Fixed Assets					
Tangible Assets for use by the charity	7		2		2
Current Assets					
Debtors	8	23,547		9,520	
Bank & Cash in hand		225,185		247,930	
		<u>248,732</u>		<u>257,450</u>	
Creditors : Amounts falling due within one year	9	31,172		38,926	
Net Current Assets			217,560		218,524
Total Assets less Current Liabilities			<u>217,562</u>		<u>218,526</u>
Capital Funds					
Restricted Funds	10		74,860		56,815
Unrestricted Funds					
General			142,702		161,711
Total Charity Funds			<u>217,562</u>		<u>218,526</u>

For the year ended 31 December 2023 the company was entitled to exemption from audit under section 477 (1) of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit of its accounts for the period in question in accordance with section 476.

The Directors acknowledge their responsibilities for ensuring that the company keeps accounting records which comply with s386 and s387 of the Companies Act 2006 and for preparing accounts which give a true and fair view of the state of affairs of the company as at 31 December 2023 and of its deficit for the year then ended in accordance with the requirements of s396 and which comply with the requirements of the Act relating to the accounts so far as applicable to the company.

The accounts have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime.

Signed and approved on the behalf of the Board on 24 April 2024

Trustee name.....

Company number 06595341

The notes on the following pages form part of these financial statements.

KARIS NEIGHBOUR SCHEME
Notes to the Accounts
Year ended 31 December 2023

1. Accounting Policies

(a) Basis of Accounts Preparation

The charity constitutes a public benefit entity as defined by FRS102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) published on 16 July 2014, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS102), the Charities Act 2011, the Companies Act 2006 and UK Generally Accepted Practice as it applies from 1 January 2015. The financial statements have been prepared on a going concern basis under the historical cost convention modified to include certain items at fair value. The financial statements are prepared in sterling which is the functional currency of the charity.

(b) Recognition of incoming resources

All incoming resources are included in the Statement of Financial Activities (SoFA) when the charity is legally entitled to the income after any performance conditions have been met, the amount can be measured reliably and it is probable that the income will be received. For donations to be recognised the charity will have been notified of the amounts and the settlement date in writing. If there are conditions attached to the donation and this requires a level of performance before entitlement can be obtained then income is deferred until those conditions are fully met or the fulfilment of those conditions is within the control of the charity and it is probable that they will be fulfilled.

Donated facilities and donated professional services are recognised in income at their fair value when their economic benefit is probable, it can be measured reliably and the charity has control over the item. Fair value is determined on the basis of the value of the gift to the charity. For example the amount the charity would be willing to pay in the open market for such facilities and services. A corresponding amount is recognised in expenditure.

No amount is included in the Financial Statements for volunteer time in line with the SORP (FRS 102). Any further detail is given in the Trustees' Annual Report.

Where practicable, gifts in kind donated for distribution to the beneficiaries of the charity are included in stock and donations in the financial statements upon receipt. If it is impracticable to assess the fair value at receipt or if the costs to undertake such a valuation outweigh any benefits, then the fair value is recognised as a component of donations when it is distributed and an equivalent amount recognised as charitable expenditure.

Fixed asset gifts in kind are recognised when receivable and are included at fair value. They are not deferred over the life of the asset.

For legacies, entitlement is the earlier of the charity being notified of an impending distribution or the legacy being received. At this point income is recognised. On occasion legacies will be notified to the charity however it is not possible to measure the amount expected to be distributed. On these occasions, the legacy is treated as a contingent asset and disclosed.

Investment income is earned through holding assets for investment purposes such as shares and property. It includes dividends, interest and rent. Where it is not practicable to identify investment management costs incurred within a scheme with reasonable accuracy the investment income is reported net of these costs. It is included when the amount can be measured reliably. Interest income is recognised using the effective interest method and dividend and rent income is recognised as the charity's right to receive payment is established.

KARIS NEIGHBOUR SCHEME
Notes to the Accounts (cont.)
Year ended 31 December 2023

c) Expenditure recognition

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Expenditure is recognised where there is a legal or constructive obligation to make payments to third parties, it is probable that the settlement will be required and the amount of the obligation can be measured reliably. Irrecoverable VAT is charged as an expense against the activity for which expenditure arose. It is categorised under the following headings:

Governance costs

Include costs of the preparation and examination of statutory accounts, the costs of trustee meetings and cost of any legal advice to trustees on governance or constitutional matters.

(d) Funds

Restricted Funds

Restricted funds are those funds which are to be used in accordance with specific restrictions imposed by donors which have been raised by the charity for particular purposes. The cost of raising and administering such fund are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Unrestricted Funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Designated funds

Designated funds comprise of unrestricted funds that have been set aside by the trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

(e) Tax

Tax reclaims on donations and gifts

Gift Aid and other tax reclaims are included in the SoFA at the same time as the donations to which they relate.

(f) Debtors and creditors

Debtors and Creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

(g) Assets

Tangible fixed assets for use by charity

Tangible fixed assets are stated at cost (or deemed cost) or valuation less accumulated depreciation and accumulated impairment losses. Costs includes costs directly attributable to making the assets capable or operating as intended. These are capitalised if they can be used for more than one year, and cost at least £1000. They are valued at cost.

Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset on a systematic basis over its expected useful life as follows:

Office equipment

25% on a straight line basis

(h) Going Concern

The directors have reviewed and consider that the charity remains viable for the year ahead. Funding for the Listening and Guidance service has been secured through funding from the NHS Birmingham & Solihull ICB, Karis Medical Centre and the Living Well Consortium. The work of Karis BeFriends and Karis BeFriends Advice will be significantly supported until 2026 via Thrive Partnership and B:CAN Partnership respectively, from the Birmingham City Council recommissioning of the Prevention and Communities fund. The work of the Advocacy and Children's and Families Projects are reliant on grant applications for which we are hopeful that adequate funding will be obtained for the incoming year. The Men's Space Project is funded for a 12 month pilot and will continue only if additional funding is secured.

KARIS NEIGHBOUR SCHEME
Notes to the Accounts (cont.)
Year ended 31 December 2023

2(a). Income from grants, donations and legacies

	Unrestricted Funds	2023 Restricted Funds	Total	2022 Total
	£	£	£	£
Birmingham City Council	-	25,500	25,500	34,850
Thrive Together Birmingham	-	26,700	26,700	27,530
Birmingham Settlement	-	-	-	4,928
Cadburys Trust	-	25,000	25,000	-
Trusthouse Charitable Trust	-	-	-	15,000
Tramore Trust	15,000	-	15,000	15,000
The Eveson Charitable Trust	-	5,000	5,000	8,000
Graham Griffiths Fund	-	-	-	2,000
Hinchley Charitable Trust	-	7,000	7,000	-
The Grantham Yorke Trust	-	5,000	5,000	5,000
Alan Edwards Higgs Trust	-	-	-	5,000
George Henry Collins Trust	-	-	-	1,000
Richard Kilcuppes Trust	-	1,000	1,000	1,000
Harry Payne Fund	-	2,000	2,000	2,000
South Birmingham Friends Institute Trust	-	1,000	1,000	1,000
The Grimmitt Trust	-	-	-	2,000
Arnold Clark Community Fund	-	-	-	2,000
Karis Medical Centre	-	11,375	11,375	10,500
CB and HH Taylor 1984 Trust	-	-	-	1,000
The Henry Smith Charity	-	30,000	30,000	30,000
The Roger & Douglas Turner Trust	-	4,000	4,000	1,000
Lord Mayor of Birmingham Charity	-	-	-	1,500
LoveBrum	-	-	-	2,000
George Fentham Trust	-	-	-	2,000
GJW Turner Trust	-	-	-	2,000
Richardson Bros Foundation	-	-	-	1,500
B:CAN Partnership	-	8,267	8,267	-
Garfield Weston Foundation	-	5,000	5,000	-
Morrisons Foundation	-	5,000	5,000	-
Edgbaston NNS	-	5,000	5,000	-
Hortons SPC	-	3,000	3,000	-
BCC - NDSU	-	2,500	2,500	-
BCC - Winter Food Aid Fund	-	2,000	2,000	-
IAG Extension	-	2,266	2,266	-
Birmingham and Black Country Communities Fu	-	2,000	2,000	-
Saintbury Trust	-	2,000	2,000	-
IM Properties Fund	-	1,484	1,484	-
The Cole Charitable Trust	-	1,000	1,000	-
ED Cadbury Trust	-	1,000	1,000	-
Legacies	1,000	-	1,000	1,187
Gift Aid tax	3,571	-	3,571	2,953
Interest	3,030	-	3,030	549
Small grants and Donations	22,206	15,130	37,336	29,211
	<u>44,807</u>	<u>199,222</u>	<u>244,029</u>	<u>211,708</u>

KARIS NEIGHBOUR SCHEME

Notes to the Accounts (cont.) Year ended 31 December 2023

2(b).Income from charitable activities

	Unrestricted Funds	2023 Restricted Funds	Total	2022 Total
	£	£	£	£
Service Provision	825	56,270	57,095	90,459
Baby Bank Club	-	591	591	-
	<u>825</u>	<u>56,861</u>	<u>57,686</u>	<u>90,459</u>

3. Charitable Activities

Analysis of Expenditure

	2023	2022
	£	£
Salaries, pension contributions and social security costs	251,719	234,489
Resources and activities	24,900	19,422
Rent & Room Hire	6,100	6,425
Telephone & Postage	2,526	2,593
Office Expenses	2,141	2,366
Consultancy Fees	-	120
Light Heat & water	4,980	2,365
Insurance	2,293	4,163
Vehicle Expenses	-	574
Training & Supervision	3,052	3,525
Governance costs	1,813	1,913
Travel	1,858	1,773
Computer costs and software	557	437
Maintenance and small equipment	3,808	1,321
Cleaning	720	660
Payroll Costs	826	1,121
Volunteers	206	53
Recruitment	303	304
	<u>307,802</u>	<u>283,624</u>

KARIS NEIGHBOUR SCHEME
Notes to the Accounts (cont.)
Year ended 31 December 2023

4. Governance Costs

	2023	2022
	£	£
Accounts preparation and independent examination	1,200	1,800
Professional Fees	613	113
	<u>1,813</u>	<u>1,913</u>

5. Employees

Wages & Salaries	231,367	211,917
Social Security Costs	9,747	7,664
Pension Costs	10,605	14,908
	<u>251,719</u>	<u>234,489</u>

The average monthly number of staff employed by the charity during the year was as follows:

Charitable activities	14	16
	<u>14</u>	<u>16</u>

There were no employees whose annual emoluments were £60,000 or more.

6. Trustees' and key management personnel remuneration expenses

Mrs H Watts - Chaplain for Wellbeing	Gross	19,258	17,909
	Ers Pension	963	896
		<u>20,221</u>	<u>18,805</u>

KARIS NEIGHBOUR SCHEME
Notes to the Accounts (cont.)
Year ended 31 December 2023

7. Tangible Fixed Assets for use by the Charity

	Equipment	
	£	£
Cost		
At 1 January 2023	30,262	30,262
At 31 December 2023	<u>30,262</u>	<u>30,262</u>
Depreciation		
At 1 January 2023	30,260	30,260
Charge for Year	-	-
At 31 December 2023	<u>30,260</u>	<u>30,260</u>
Net Book Values		
At 31 December 2023	<u>2</u>	<u>2</u>

8. Debtors

	2023	2022
	£	£
Gift Aid tax	4,500	3,500
Income Due	19,047	6,020
	<u>23,547</u>	<u>9,520</u>

Income Due

NHS Birmingham & Solihull	5,022	5,020
Wholecare	-	1,000
Karis Medical Centre	2,374	-
B:CAN Partnership	8,267	-
P&C: IAG Extension	2,266	-
Undeposited Donations	118	-
Legacy donation	1,000	-
	<u>19,047</u>	<u>6,020</u>

KARIS NEIGHBOUR SCHEME
Notes to the Accounts (cont.)
Year ended 31 December 2023

9. Creditors : Amounts falling due in less than one year

	2023	2022
	£	£
Creditors	705	-
Accruals	1,948	7,134
Employment Taxation and Social Security	3,602	-
Deferred Income	24,917	31,792
	<u>31,172</u>	<u>38,926</u>

Deferred Income

Hinchley Charitable Trust	5,000	-
The William A Cadbury Charitable Trust	-	25,000
BCC - Winter Food Aid Fund	3,000	-
Living Well UK	4,167	4,167
Karis Medical Centre	1,750	2,625
Garfield Weston Charity	5,000	-
Sheldon Trust	3,000	-
The Grimmitt Trust	2,000	-
Baron Davenports' Charity	1,000	-
	<u>24,917</u>	<u>31,792</u>

10. Fund Reconciliation

	Fund Balances	Incoming	Outgoing		Fund Balances
	1 January 2023	resources	resources	Transfers	31 December 2023
	£	£	£	£	£
KBF Advice	17,902	26,940	30,241	(8,000)	6,601
Advocacy	2,674	35,367	43,071	5,030	-
Listening and Guidance	10,716	65,820	65,701	-	10,835
Karis Befriends	15,156	41,243	48,183	-	8,216
Children and Families	5,272	80,512	65,298	-	20,486
Men's Space	-	7,000	6,373	23,000	23,627
Practical Work	5,095	-	-	-	5,095
Core Costs	-	2,500	2,500	-	-
Total restricted	<u>56,815</u>	<u>259,382</u>	<u>261,367</u>	<u>20,030</u>	<u>74,860</u>
Unrestricted reserves					
General funds	127,358	47,456	46,435	(5,030)	123,349
Designated funds	34,353	-	-	(15,000)	19,353
Total unrestricted	<u>161,711</u>	<u>47,456</u>	<u>46,435</u>	<u>(20,030)</u>	<u>142,702</u>
Total Funds	<u>218,526</u>	<u>306,838</u>	<u>307,802</u>	<u>-</u>	<u>217,562</u>

The Men's Space project commenced in October 23 and is being part-funded through £15,000 of designated funds set aside by the Trustees from a legacy donation and an £8,000 underspend on a BCC Prevention & Communities grant which was reallocated with permission from the grant Commissioner. The £5,030 is a transfer of funds from general funds to the Advocacy project.

KARIS NEIGHBOUR SCHEME
Notes to the Accounts (cont.)
Year ended 31 December 2023

11. Taxation

As a charity, Karis Neighbour Scheme is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or s256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the Charity.

12. Commitment under operating leases

Karis Neighbour Scheme had annual commitments under non cancellable leases:

	2023	2022
	Equipment	Equipment
	£	£
Operating lease payments are as follows:		
Within one year	10,894	10,138
In one to two years	3,094	2,938
In two to five years	2,553	5,381
	<u>16,541</u>	<u>18,457</u>

The services contract payments are for a property rental, photocopier, phone system and business level broadband supply.

KARIS NEIGHBOUR SCHEME
Notes to the Accounts (cont.)
Year ended 31 December 2023

13. Net Assets Between Funds

	Unrestricted funds	Restricted funds	Total
	£	£	£
Tangible Fixed assets	2	-	2
Current assets	145,264	103,468	248,732
Creditors amounts falling due within one year	(2,564)	(28,608)	(31,172)
	<u>142,702</u>	<u>74,860</u>	<u>217,562</u>

14. SOFA Previous years Comparatives

	Notes	Unrestricted funds 2022 £	Restricted funds 2022 £	Total Funds 2022 £
Income				
Voluntary Income	2(a)	31,521	180,187	211,708
Charitable Activities	2(b)	1,000	89,459	90,459
Fundraising		505	996	1,501
Other Income				-
Total Income		<u>33,026</u>	<u>270,642</u>	<u>303,668</u>
Expenditure on				
Charitable activities	3	85,465	198,159	283,624
Total Expenditure		<u>85,465</u>	<u>198,159</u>	<u>283,624</u>
Net Income		<u>(52,439)</u>	<u>72,483</u>	<u>20,044</u>
Transfers between funds		73,379	(73,379)	-
Net movement in funds		<u>20,940</u>	<u>(896)</u>	<u>20,044</u>
Total funds brought forward		140,771	57,711	198,482
Total funds carried forward		<u>161,711</u>	<u>56,815</u>	<u>218,526</u>