

Who are we?

Karis Neighbour Scheme is a small charity working in the community to offer support and friendship to those who need it the most.

We want to see people in need supported; to come alongside them, be a good neighbour, and in really practical ways, help them through whatever hardships they're facing.

If you'd like to find out more about Karis Neighbour Scheme feel free to get in touch using any of our contacts listed on the back of this leaflet.

You can also look on our website for more information.



Contact Us



Rach D'Mello

Children and Families
Project co-ordinator

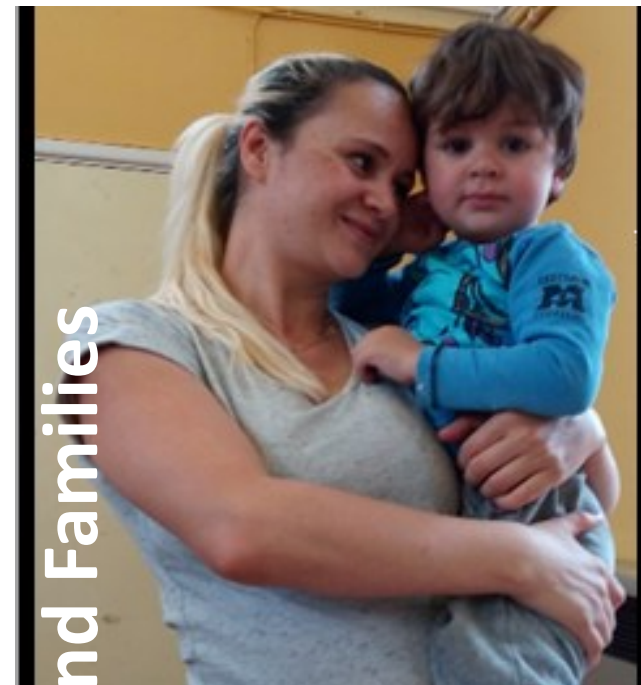
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Karis Neighbour Scheme is a registered charity, charity no. 1133510
Karis Neighbour Scheme is a company, company no. 06595341



Children and Families



KARIS NEIGHBOUR SCHEME

Practical help | Advocacy & advice | Befriending | Emotional support

Offering practical support, friendship and
advocacy in the local community

What's it about?

Children & Families Project provides practical help and friendship to local families who are facing difficulty.

We can:

- ◆ Visit you at home
- ◆ Help you with second-hand baby clothes & equipment
- ◆ Help you find your way around
- ◆ Go with you to an appointment
- ◆ Help you get a food parcel
- ◆ Help you to fill in forms & understand letters
- ◆ Help you get benefit advice
- ◆ Introduce you to new people
- ◆ Take you to our English class & Welcome to Ladywood Drop-in



How can we help?

We run two regular activities, plus other one-off events.

◆ Welcome to Ladywood Drop-in:

Thursday , 1-3pm

A friendly place to meet new people.
Under 5's welcome too.

◆ English for Speakers Of Other Languages Class:

Friday , 10am-12pm

A class for local people who speak no or very little English

Please contact Rach first

Both held at

**Ladywood Methodist Church,
St Vincent Street West, B16 8RW**



Who is it for?



We help families who are:

- ◆ New to Ladywood & need help finding places like GPs & play groups
- ◆ Isolated or lonely
- ◆ Seeking asylum or have recently got 'Leave to Remain'
- ◆ On low incomes
- ◆ Struggling to learn English
- ◆ Struggling with their bills, benefits & letters
- ◆ Feeling stressed, worried or sad
- ◆ Bored in the holidays
- ◆ Keen to volunteer

Please contact us to find out more